

Marsden Martial Arts

Code of Conduct

5. Humility

If you win or do well at something, do not brag. If you lose, do not show anger.

Instead, say something like, "I really enjoyed the competition and I look forward to playing you again," or "good game," or "you did really well".

To show anger or sarcasm, such as "I wasn't playing hard anyway" or "You really aren't that good," or "I was injured" shows weakness.

Find out how to teach your child these values with a free lesson at - martialarts-chesterfield.co.uk

